



Highmark Healthy High 5 Nonprofit Grants

Updated 2/16/09

Organization Name	Project Description	Grant Amount
Allegheny Intermediate Unit	Funding a transition facilitator and career mentoring project leader in support of 240 Duquesne City high school students in grades 9-12 that will enable them to be successfully transition to two neighboring school districts and to prevent conflicts.	\$149,027
Center for Schools and Communities	To enhance bullying prevention efforts in the 49-county Highmark Inc. service area by expanding and supporting existing Olweus bullying prevention programs and resources.	\$2,365,033
Columbia Montour Home Health Services, Inc.	To expand the 'Camp Courage' grieving program for children in Columbia, Montour, Northumberland, Snyder and Union Counties.	\$107,969
Conemaugh Valley Memorial Hospital - Office of Community Health	To expand its evidence-based bullying program and create the HHH 5 Centers for Excellence in Bullying Prevention. The purpose is to prevent and reduce incidence of bullying behaviors among children ages K-12 in 47 PA school district served by Foundation.	\$1,034,115
Diakon Lutheran Social Ministries	To support Girls on the Run of Lehigh County; a life-changing experiential learning program for girls age 8-12 focusing on physical activity and self-esteem	\$53,049
East End United Community Center	To develop a volunteer-based peer support program for grieving children, adolescents and their families at a newly established bereavement center in Fayette County.	\$299,618
Grace Outreach Ministries, Inc	To develop a volunteer-based peer support program for grieving children, adolescents and their families at a newly established bereavement center in Indiana County.	\$270,899
Highlands Hospital	To support the B-Fit 4 Kids Program, a childhood health promotion/prevention program in collaboration with Connellsville Area School District focusing on nutrition and physical activity.	\$168,285
Home Nursing Agency Foundation	Two-year grant request to develop and expand volunteer-based peer support programs at two newly established bereavement centers in Blair and Cambria Counties for grieving children and their families.	\$252,815
Magee-Womens Hospital of University of Pittsburgh Medical Center	To expand the evidence-based self-esteem and healthy lifestyles program, Girls on the Run, in Beaver, Washington and Westmoreland Counties. The goal is to increase the self-esteem and physical activity levels of underserved girls in grades 3 to 5.	\$53,000
Meadville Medical Center's Mind Body Wellness Center	To support the continuation of HealthJAM, a healthy lifestyle intervention for 48 overweight adolescents, ages 13-17 in Crawford County	\$98,838
Mount Ararat Community Activity Center, Inc.	To expand Exploring the World of Pittsburgh and Beyond Mentoring Project in collaboration with Pgh, Public Schools and the Mentoring Partnership of Southwestern PA. The program will serve 200 girls and boys ages 12-14 in grades 6-8.	\$185,000
Pennsylvania Area Council of Boys & Girls Clubs	To pilot the 'Triple Play Program: A Game Plan for the Mind, Body and Soul' at five Clubhouse units in Western and Central PA. The goal is to increase nutrition and physical activity knowledge and behaviors among 500 youth, ages 6-18.	\$150,000
Pennsylvania State University - Pennsylvania Advocates for Nutrition and	To support nrg Powered by Choice, an innovative media and activism campaign targeted for youth ages 12-18 through 2011	\$3,003,487
Pittsburgh Public Schools	To provide for the Positive Behavior Intervention Support program, in collaboration with the Watson Institute at 15 Pittsburgh Public Schools as a mechanism to increase safety within classrooms and prevent bullying incidences.	\$975,299
Schenley Heights Community Development Program	To enhance Physical Activity Enrichment for Youth, an integrated wellness, nutrition education, and academic support program for students ages 6-14 participating in after school and summer programs.	\$141,800

Organization Name	Project Description	Grant Amount
Smart Futures	To expand regionally the PA eMentoring program which promotes positive self-esteem through career planning. The program in collaboration with 75 Southwestern PA schools and the Mentoring Partnership of Southwestern PA will serve 1,500 students.	\$190,000
Strong Women, Strong Girls	To expand the self-esteem mentoring program, Strong Women, Strong Girls, from 12 to 14 Pittsburgh partner sites; and to support the feasibility of expanding sites outside of the city of Pittsburgh, PA.	\$141,558
Susan P. Byrnes Health Education Center, Inc.	To support the continuation of LearntobeHealthy program and to increase their marketing and promotion efforts of the LearntobeHealthy on-line educational activities program, designed for teachers, students and parents through 2009.	\$4,735,207
The Caring Foundation	To support all programs and services of the Highmark Caring Place grieving programs for calendar year 2007, 2008, 2009.	\$10,185,779
The Heartwood Institute	To produce, market and distribute Teaching Resources for Understanding Ethics (T.R.U.E.) Cards: Life Lessons - A tool to help kids think and talk about life choices, build character and self-esteem.	\$507,539
The Second Mile	To support the expansion of a self-esteem program serving at-risk youth by adding 150 youth.	\$479,068
Tides	To expand a grieving program in Central Pennsylvania (Centre, Huntingdon, Blair, and Mifflin Counties) for children and their families.	\$431,221
Visiting Nurse Association of St. Luke's	HHH5 Grant - to support 'Ryan's Tree for Grieving Children', a program of the VNA of St. Luke's Hospice.	\$189,267
YMCA of York	To support the expansion of the HIP Kids program, an evidence-based weight reduction and behavior management program. The goal is to help overweight children and their families learn to lead healthier lives.	\$35,000
YWCA of York	To expand the self-esteem and healthy lifestyles program, Girls on the Run®, in York County; to increase the self-esteem and physical activity levels of underserved girls in grades 3 to 5.	\$74,474